

FMSC Endless Days

May 23-24th, 2026

Syncrude Aquatic Centre
Suncor Community Leisure Centre
MacDonald Island Park
1 CA Knight Way

Meet Type: Level 1 – Time Final Single Session
Sanction Type: Single Club Competition
8 Lane, 50 Meter Competition Pool
Electronic Timing System



Purpose & Description

The FMSC Endless Days Swim Meet will be a fun competitive meet. This meet will be our last meet of the season, and we will be hosting our second exciting “Eliminator Race”. On Saturday there will be a 200 IM, and the top 8 females and top 8 males (regardless of age) will race on Sunday in an elimination IM that will be set up in 50M sanctioned races, with each round losing 2 swimmers. Eliminator prizes will be as follows: Round 1: 2 Eliminated-8th and 7th will receive a \$10 gift card, Round 2: 2 Eliminated-6th-\$15 gift card, 5th -\$20 gift card, Round 3: 2 Eliminated 4th-\$25 gift card, 3rd-\$50 cash, Round 4: Winner receives \$100 cash, 2nd \$75 cash. The two-day, long course will have all the races for anyone who needs another shot to get a provincial time. The time of the meet is set to encourage out-of-town clubs. We will have welcome packages and each swimmer who earns a personal best time will get an entry in the draw for several prize baskets.

Contacts

Meet Managers	Julianne North Bourque & Heather McCormack	meetmanager@fmswim.com
Official Coordinator	Robin Elson	officials@fmswim.com
Referee	Mike Cachia/ Steve Huffman	
FMSC	PO Box 5654 Fort McMurray, AB T9H 3G6	www.fmswim.com

Meet Package

Meet Management reserves the right to alter, revise, limit enrolment, or otherwise modify the program to ensure maximum number of swims in a session of reasonable length. Coaches will be notified of any changes prior to the meet.

Dates

Entry Deadline	Friday, May 8, 2026
Scratch Deadline	<ul style="list-style-type: none">Friday, May 22, 2026
Fees Due	<ul style="list-style-type: none">Saturday, May 23, 2026 (start of session)
Session 1	Saturday, May 23, 2026
Session	Warm up at 11:00-11:45 am, Race Start 12:00 pm
	Coaches meeting at 10:45 am at Office beside pool
Session 2	Sunday, May 24, 2026
	Warm up at 9:00-9:45 am, Race Start 10:00 am

Entries

Eligibility	<ul style="list-style-type: none">All competitive swimmers currently registered with the Fort McMurray Swim Club and any registered swimmers with Swim Alberta are eligible. We require a minimum of 40 swimmers up to a maximum of 200 swimmers for this meet.Swim Meet will be run compliant with WPS (World Para Swimming)
Entry Procedures	<ul style="list-style-type: none">Swimmers must commit via team unify by Wednesday, May 6, 2026.Visiting teams/swimmer(s)' entries must be submitted through the Swimming Canada online entries system at www.swimming.ca and must include all attending coachesNo-time (NT) entries will be accepted. Please provide an estimated entry time if needed.If you are only interested in attending certain days of the swim meet (for example, "Saturday only"), PLEASE declare what days you will be attending in the Registration Notes. If there are no notes in the declaration, your swimmer will be assumed to be attending every day of the event.

Entry Limits	<ul style="list-style-type: none"> Competitive swimmers can choose up to 4 events per session 1 & 2 and coaches will approve. Session 3 will be determined after Saturday's IM race. Maximum 4 events per session.
Entry Rules	<ul style="list-style-type: none"> Meet will be conducted under published WORLD AQUATICS and/or IPC rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. Meet will be conducted under published World Para Swimming Rules and Regulations. Swimmer age is determined as of the first day of the swim meet (May 23, 2026) No meet entry time standards are applicable.
Entry Fees	<ul style="list-style-type: none"> This is a house meet therefore no entry fees are required for FMSC swimmers as it has been included in the FMSC registration fees. For all other clubs a fee of \$50 per swimmer will be required. Please make cheque payable to "Fort McMurray Swim Club" or EMT to treasurer@fmswim.com.
Age Groups	<ul style="list-style-type: none"> Swimmer age is determined as of the first day of the swim meet. Individual event age groups will be: <ul style="list-style-type: none"> 11 & under will be seeded mixed gender 12-15 and up female seeded by gender. 12-15 and up male seeded by gender.
<h2 style="color: #4F81BD;">Meet Information</h2>	
Warm up	<ul style="list-style-type: none"> Swimming Canada competition warm-up safety procedures will be in effect at this meet. Warm-ups will start at the scheduled time and will last 45 minutes. Backstroke ledges will be used at this swim meet and in <u>warm-up one lane for diving will be set up and announced</u>. Two Lanes will be set up for diving will be announced.
Meet Format/Seeding	<ul style="list-style-type: none"> This meet will be timed finals for all age groups and be run slowest to fastest

Meet Rules	<ul style="list-style-type: none"> • The meet will be conducted under published World Aquatics and/or World Para Swimming rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. • In addition, this meet package shall outline all changes to and specific application of the published rules. • Swim Alberta policies and procedures, where appropriate will also apply.
Competition & Diving Readiness	<ul style="list-style-type: none"> • Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved. • Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Facility Rule 16.1.4, 16.1.8 and Swimming Canada's Swimming Rule 4.1 • Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule C16.1.4.1 and Swimming Canada's Swimming Rule 4.1.1 • In-water starts will be conducted as per Swimming Canada's Swimming Rule 4.1.2 • Backstroke ledges will be used at this swim meet and in warm up one lane for diving will be set up.
Swimwear at Competitions	<ul style="list-style-type: none"> • All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. • It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.
Safe Sport	<ul style="list-style-type: none"> • All interactions between an athlete and an individual who is in a position of trust should normally and wherever possible, be in an environment or space that is both "open" and "observable" to all.

Photography/videography	<ul style="list-style-type: none"> • In order to minimize risk, all photographs and video taken at Swimming Canada/PSO sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras, or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. • The full details on the Event Photography and Videography Procedure can be found HERE
Scratches	<ul style="list-style-type: none"> • The Swim Alberta scratch rule will be in effect for this competition. • All scratches should be submitted by Friday, May 22, 2026
Heat Sheets	<ul style="list-style-type: none"> • Coaches will receive heat sheets prior to the start of the event. • Meet mobile will be updated throughout the meet
Results	<ul style="list-style-type: none"> • Results will be posted to www.swimming.ca within 24 hours of completion of the meet • If this is not possible, all coaches will be informed via email • The meet program will be run on Hy-Tek Meet Manager. Results will be posted as quickly as possible at the meet. Live Results / Meet Mobile will be available.
Awards	<ul style="list-style-type: none"> • Best time ribbons will be given along with every best time an entry ballot will be placed for the prize baskets. • Eliminator prizes will be as follows: Round 1: 2 Eliminated-8th and 7th will receive a \$10 gift card, Round 2: 2 Eliminated-6th-\$15 gift card, 5th -\$20 gift card, Round 3: 2 Eliminated 4th-\$25 gift card, 3rd-\$50 cash, Round 4: Winner receives \$100 cash, 2nd \$75 cash.

Schedule of Sessions

Session	Date	Warm Up	Race
Coaches Meeting	Saturday, May 23, 2026 at 10:45 am		
1	Saturday, May 23, 2026	11:00am	12:00pm
2	Sunday, May 24, 2026	9:00am	10:00am
Mixed Gender	<ul style="list-style-type: none"> Events for ages 11 and under at this meet will be run as mixed gender due to limited time and limited swimmers. All results will be separated into men and women age categories 		
Gender	<ul style="list-style-type: none"> Swimmers aged 12 and up will be seeded in gender specific races. All results will be separated into men and women age categories. 		
Deck Entries	<ul style="list-style-type: none"> No deck entries are permitted, except the top 8 male and female swimmers from the 200 IM on Saturday will be entered end of season 1. 		

Schedule of Events

Session	Event Number	Event
1	1	200m IM
1	2	100m Backstroke
1	3	50m Butterfly
1	4	200m Freestyle
1	5	100m Breaststroke
1	6	50m Backstroke
1	7	100m Butterfly
1	8	200m Breaststroke
1	9	800m Freestyle
2	10	200m Backstroke
2	11	100m Freestyle
2	12	400m Freestyle
2	13	50m Breaststroke
2	14	200m Butterfly
2	15	50m Freestyle
3	16	Eliminator Race